

Organizational Training Makes Good Business Cent\$



ANGER MANAGEMENT INSTITUTE OF TEXAS

Anger Management Institute of Texas is pleased to offer organizational training courses in **anger management, stress management, communication, and emotional intelligence.**

Anger Management, itself, is a cost savings intervention in terms of reduced tension, stress, and conflict. Managing anger often results in improving communication and emotional intelligence at work and in personal situations.

When organizations invest in anger management training for their employees, they invest in a more efficient workforce and lower overhead. Anger management pays off with reduced absenteeism, workplace conflict, health problems, and sick day usage. Research has also shown that anger management improves morale and increases productivity and performance in most major areas of life.

Services Offered:

- **On-Site Trainings:** 4 and 8-hour trainings for staff, employees, or retreats. Topics include: Anger, stress, communication, emotional intelligence.
- **Anger Management/Executive Coaching:** With a focus on anger, stress, communication and/or emotional intelligence. Coaching can be provided in our offices or on location.
- **Accelerated Anger Management Classes for Managers, Executives and Line Staff:** Personalized 8-10 hour programs with client workbooks for fast results.
- **Anger Management Classes for employees:** Classes for employees who exhibit evidence of stress, anger or inappropriate aggression at work. Studies have shown that aggression and violence in the workplace increases absenteeism, reduces productivity, lowers morale and increases a company's liability.

For more information please call **281-477-9105**
or email info@ami-tx.com.

www.ami-tx.com